

Message from the Editor in Chief

Dear Authors, Reviewers and Readers,

It gives me a great pleasure to release Volume 2, Issue 1 of Sri Lanka Journal of Menopause. In a time the global pandemic of novel corona virus is making the world nearly a standstill situation, we should be ready to live with corona virus at least another two years, therefor we have to place the NEW NORMAL LIFESTYLE.

Menopause Society of Sri Lanka is nearing 20 years and menopause management has been successfully advocating health care providers dedicated to providing high quality patient care to women midlife and beyond. This Journal provide theoretical and research articles with highly focus matters on menopausal women.

Each article appearing in Sri Lanka Journal of Menopause is written by an expert in the field. The opinion expressed in the Journal do not necessarily reflect the opinion of the Menopause Society of Sri Lanka.

I would like to thank all the Authors who contributed to this volume for providing high quality material relating to Menopause.

My Sincere thanks goes to Associate Editors Dr. Chanil Ekanayake and Dr. Sharada Jayalath.

Thanking you,

Dr. Sanath Lanerolle

Editor in Chief,

Sri Lanka Journal of Menopause.