



**Current Management of Post Reproductive Health of Women for Health Care
Professionals**

**By
Menopause Society of Sri Lanka
5th March (Thursday) 2019
Wathupitiwala**

Venue: Base Hospital, Wathupitiwala

- 9.00 am **National Anthem**
- 9.05 am **Lighting of the Traditional Oil Lamp**
- 9.15 am **Welcome speech**
Dr. Sanath Lanerolle
Consultant Obstetrician & Gynaecologist - CSHW
President - Menopause Society of Sri Lanka
- 9.20 am **Introduction to Midlife Crisis**
Dr. Sanath Lanerolle
Consultant Obstetrician & Gynaecologist - CSHW
President - Menopause Society of Sri Lanka
- 9.30 am **Abnormal Menstruation – Causes and Management**
Dr. Janakie Karunasinghe
Consultant Obstetrician & Gynaecologist – CSHW
- 9.50 am **Lifestyle Modification & Nutrition in menopause**
Dr. Dammika Rathnayake
Clinical Nutritionist
Menopause Society of Sri Lanka
- 10.10 am **Sexual Health in Menopause**
Dr. Prabath Randobage
Senior Registrar
- 10.30 am **Tea**
- 10.50 am **Urinary Dysfunctions**
Dr. Prasad Rannulu
Consultant Obstetrician & Gynaecologist – Wathupitiwala Hospital
Secretary Social Activities – Menopause Society of Sri Lanka
- 11.10 am **Contraception in Menopause**
Dr. Chaminda Mathota
Consultant Obstetrician & Gynaecologist, Ragama Hospital
- 11.30 am **Gynaecological Cancer Screening & Prevention**
Dr. Maithree Chandrarathna
Consultant Obstetrician & Gynaecologist – Wathupitiwala Hospital

11.50 am

Hormone Replacement Therapy

Dr. M.D.P Gooneratne

Consultant Obstetrician & Gynaecologist

Founder President – Menopause Society of Sri Lanka

11.50 am

Discussion

11.55 am

Vote of Thanks

12.00 pm

Lunch