



## Post Reproductive Health of Women for Health Care Professionals

By

Menopause Society of Sri Lanka (Mihiri Madiviya Programme) in collaboration with Clinical Society  
NHSL

25<sup>th</sup> February (Tuesday) 2019

NHSL

Venue: NHSL, Clinmark Auditorium

- 9.00 am **National Anthem**
- 9.05 am **Lighting of the Traditional Oil Lamp**
- 9.15 am **Welcome speech**  
Dr. Mrs. Harshani Fernando  
Senior Consultant Physician, NHSL
- 9.20 am **Introduction to Midlife Crisis**  
Dr. Sanath Lanerolle  
Consultant Obstetrician & Gynaecologist - CSHW  
President - Menopause Society of Sri Lanka
- 9.30 am **Abnormal Menstruation – Causes and Management**  
Dr. Janakie Karunasinghe  
Consultant Obstetrician & Gynaecologist – CSHW  
Council Member  
Menopause Society of Sri Lanka
- 9.45 am **Non Pharmacological Management of Menopause**  
Dr. Darshana Abeygunawardena  
Consultant Obstetrician & Gynaecologist, General Hospital Trincomalee  
Assistant Secretary, Menopause Society
- 10.00 am **Urinary Dysfunctions**  
Dr. Sanath Akmeemana  
Consultant Obstetrician & Gynaecologist – Colombo South Teaching Hospital  
President Elect – Menopause Society of Sri Lanka
- 10.15 am **Tea**
- 10.30 am **Lifestyle Modification & Nutrition in menopause**  
Dr. Manoji Prabashini  
Clinical Nutritionist  
Council Member, Menopause Society
- 11.00 am **Gynecological Cancer Screening & Prevention**  
Dr. Chaminda Mathota  
Consultant Obstetrician & Gynaecologist, Ragama Hospital  
Council Member – Menopause Society of Sri Lanka

- 11.15 am                    **Hormone Replacement Therapy**  
Dr. M.D.P Gooneratne  
Consultant Obstetrician & Gynaecologist  
Founder President – Menopause Society of Sri Lanka  
Past President, South Asian Federation of Menopause Societies (SAFOMS)
- 11.30 am                    **Contraception in Menopause**  
Dr. Ruwan Silva  
Consultant Obstetrician & Gynaecologist, FHB  
Secretary, Menopause Society of Sri Lanka
- 11.45 am                    **Psychological Changes with ageing**  
Dr. Dasanthi Akmeemana  
Consultant Psychiatrist  
Colombo South Teaching Hospital
- 12.00 pm                    **Sexual Health in Menopause**  
Prof. Hemantha Perera  
Consultant Obstetrician & Gynecologist,  
Sri Jayewardenepura Hospital  
Founder Secretary and past President, Menopause Society of Sri Lanka
- 12.15 pm                    **Discussion**
- 12.20 pm                    **Vote of Thanks**
- 12.30 pm                    **Lunch**