



Current Management of Post Reproductive Health of Women for Health Care Professionals

By

Menopause Society of Sri Lanka

28th January (Tuesday) 2019

Ragama

Venue: Ragama

- 9.00 am **National Anthem**
- 9.05 am **Lighting of the Traditional Oil Lamp**
- 9.15 am **Welcome speech**
Dr. Sanath Lanerolle
Consultant Obstetrician & Gynaecologist - CSHW
President - Menopause Society of Sri Lanka
- 9.20 am **Introduction to Midlife Crisis**
Dr. Sanath Lanerolle
Consultant Obstetrician & Gynaecologist - CSHW
President - Menopause Society of Sri Lanka
- 9.30 am **Abnormal Menstruation – Causes and Management**
Dr. Janakie Karunasinghe
Consultant Obstetrician & Gynaecologist – CSHW
- 9.50 am **Lifestyle Modification**
Dr. Champa Nelson
Council Member
Menopause Society of Sri Lanka
- 10.10 am **Psychological Changes with ageing**
Dr. Dasanthi Akmeemana
Consultant Psychiatrist
Kalubowila Hospital
- 10.30 am **Tea**
- 10.50 am **Urinary Dysfunctions**
Dr. Prasad Rannulu
Consultant Obstetrician & Gynaecologist – Wathupitiwala Hospital
Secretary Social Activities – Menopause Society of Sri Lanka
- 11.10 am **Nutrition in menopause**
Dr. Manoji Prabashini
Clinical Nutritionist
Council Member, Menopause Society
- 11.30 am **Hormone Replacement Therapy**
Dr. M.D.P Gooneratne
Consultant Obstetrician & Gynaecologist
Founder President – Menopause Society of Sri Lanka

11.50 am

Discussion

11.55 am

Vote of Thanks

12.00 pm

Lunch