



**Current Management of Post Reproductive Health of Women for Health Care Professionals**

**By  
Menopause Society of Sri Lanka  
14<sup>th</sup> January (Tuesday) 2019**

**Venue:** Auditorium, Sri Lanka Police Hospital

- 11.00 am **Welcome speech**  
**Dr. Rohitha Fernando**  
**CMO Police Hospital**
- 11.05 am **Address by Chief Guest**  
Dr. Anil Jasinghe  
Director General of Health Services
- 11.10 am **Introduction to Post Reproductive Age & Symptoms of Menopause**  
Dr. Sanath Lanerolle  
Consultant Obstetrician & Gynaecologist - CSHW  
President- Menopause society
- 11.25 am **Urinary Dysfunctions**  
Dr. Sanath Akmeemana  
Consultant Obstetrician & Gynaecologist – Kalubowila Hospital  
President Elect – Menopause Society
- 11.40 am **Abnormal Menstruation-Causes & Management**  
Dr. Mangala Dissanayake  
Consultant Obstetrician & Gynaecologist – Kalutara  
Immediate Past President – Menopause Society of Sri Lanka
- 11.55 am **Hormone Replacement Therapy**  
Dr. Ruwan Silva  
Consultant Obstetrician & Gynaecologist, FHB  
Secretary, Menopause Society of Sri Lanka
- 12.10 pm **Lifestyle Modification and Nutrition after Menopause**  
Dr. Champa Nelson  
Council Member  
Menopause Society of Sri Lanka
- 12.25 pm **Psychological Changes with Ageing**  
Dr. Dasanthi Akmeemana  
Consultant Psychiatrist  
Kalubowila Hospital
- 12.40 pm **Sexual Health**  
Dr. Harsha Atapattu  
Consultant Obstetrician & Gynaecologists – DMH  
Chairman Academic Activities – Menopause Society of Sri Lanka
- 12.55 pm **Discussion**
1. 10 pm **Closing Session**

